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# her scene

LOUISVILLE'S GUIDE TO STYLE

APPEARANCES

## Best-sellers: Homegrown beauty products

BY JAVACIA N. HARRIS • NOVEMBER 21, 2008

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Luscious lotions, invigorating scrubs and scented candles have a way of boosting my mood -- especially when the pampering products are made (practically) in my own backyard and are supporting local entrepreneurs. We scouted out three nature-inspired beauty lines made by Louisville women. Hopefully, they'll not only help you relax -- but take the stress out of finding great gifts too.

### The Company: Sacred Herb Creations

**The story:** After making herbal medicines and natural skin-care products for family and friends for years, Jen Turner decided to turn her hobby of making herbal bath and beauty products into a business.

**The goods:** Sacred Herb Creations offers vegan lip balms like a eucalyptus-and-peppermint lip balm for \$2; body powders like Soothing Chamomile and Lavender powder (\$6-\$8); body lotions like her Eucalyptus and Spearmint lotion (\$4-\$8); and sea-salt scrubs (\$13) and sugar scrubs (\$12) with herbs such as rosemary. She also offers a variety of handmade soaps.

Many of Turner's creations are made from ingredients from her own garden. For example, she grows her own lavender, rosemary, thyme, eucalyptus and spearmint.

Lavender is a great way to help you relax, Turner says, while herbs like eucalyptus and spearmint can be invigorating for the senses and the skin. "They wake you up, clear out the mind and blow out the cobwebs," she says.

**Where to buy:** Sacred Herb Creations can be found at Amazing Grace Whole Foods & Nutrition Center, 1133 Bardstown Road.



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